



Oakville Optometrist Dr. Jeff Mungar

Jeff Mungar always knew he would be a doctor, he just didn't know what kind. It wasn't until high school, when he discovered an aptitude for math, sciences and physics, and went to his first optometrist appointment, that he found his future career.

"I found every aspect of the eye examination interesting," Dr. Mungar says of the visit that helped him choose his career path; sending him first to the University of Waterloo, before opening his own practice right out of school.

With a desire to have the final say in what he does, Dr. Mungar is a hands-on optometrist. He knows what's best for his patients and always takes the time to talk to them and make them feel comfortable. "I'm not the type who wants to get them out quickly," he admits of his time with patients. Instead, he's dedicated to treating them not only the way he wants to, but also how he would want to be treated.

In Dr. Mungar's Lakeshore location –

the third office of his career and a space he's been in since late 1998 – patients benefit from a full-scope practice offering; complete eye examinations, prescribing eyeglasses and contact lenses, and providing laser surgery consultations, as well as post-operative care. Here, Dr. Mungar recommends laser surgery clinics to his patients, as well as surgeons for the treatment of cataracts and also provides medical treatment of eye disease and dispenses eyeglasses and contact lenses.

The experienced office staff, comprised of one member who has been with Dr. Mungar since he opened his doors in 1981, and others who have been with him for a decade or more, are adept in helping patients pick out stylish, flattering and functional frames, while Dr. Mungar makes the lenses himself.

Every day on his lunch hour, Dr. Mungar goes into his on-site lab and makes his patients' lenses. "I can make quite a few in an hour", he says, another

aspect of his hands-on approach that his patients appreciate. This process ensures he maintains the best treatment for his patients, providing them with the best products available.

"I want everyone to enjoy a nice atmosphere," says the optometrist of his practice, "a place where they feel comfortable and get comprehensive, thorough eye exams with modern equipment, and end up with a good product."

Of course not all patients need treatment, he admits, but a lot of things can show up in the eyes before a person has an indication something is wrong, which is why he promotes regular eye exams.

In the future, Dr. Mungar knows that new contact lens materials will continue to change how people see. They'll improve the comfort of wearing lenses, and he hopes to offer the technology as soon as it's available.

"I enjoy going to work every day," Dr. Mungar says simply. And perhaps that's his key to success.

Dr. Jeff Mungar Optometrist



Dr J C Mungar